FUNDAMENTALS OF LIGHT TECHNOLOGY PART SIX

ABOUT THE MOTION ASPECT OF EXISTENCE

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1 Introduction

¹To the motion aspect belong all occurrences, all processes of nature and life, all changes. Everything is in motion and everything that moves is matter.

²It is motion that works change, produces everything, upholds everything, and finally dissolves everything and makes that phenomenon possible which we call evolution in biological respect or in respect of consciousness.

³The motion aspect has provided the basis of our auxiliary concepts "time, energy, and law". The Law = causality = the constant relations there are in motion. Time = the way of measuring motion.

⁴In hylozoics three main causes of motion are distinguished, each one specifically different: dynamis, material energy, will.

⁵Dynamis is the inexhaustible, dynamic energy of primordial matter, the origin of all motion, the total energy of the universe, the source of all power; eternally active, unconscious. Dynamis is a blind force whose omnipotence appears in its power to produce primordial atoms in absolute dense and homogenous primordial matter and to afford these primordial atoms the faculty of rotation.

⁶Energy is the very condition of any kind of activity. Energy in the higher atomic kinds forms the lower atomic kinds, makes the composition of matter possible, and is the cause of the subsistence and continuous change of material forms. All development depends on the expedient assimilation of the energies of existence. Misdirection of energies is the cause of all kinds of failures, all kinds of disease. Of those energies we know very little, and the same is true of our ability to use them in the right way.

⁷Will is the ability of active consciousness to make dynamis act through it, to direct energies expediently. The acquisition of this ability presupposes the full acquisition of the kind of active consciousness corresponding to the kind of will. The higher the kind of active consciousness, the greater the efficacy.

⁸Without motion or will there would be no cosmos and no development. It is true that omniscience plans, but will and omnipotence realizes. The matter aspect is of importance in so far as consciousness is dependent on matter and on the quality of the tool for its expression. Without matter there is neither consciousness nor motion.

⁹All energy works without friction whenever it is in full accord with the Law, that is, the laws of nature and the laws of life. That is why the law of harmony is a universal law. If

vibrations from the different kinds of matter do not harmonize, they counteract each other, resulting in the reduction, neutralization of effects. In higher worlds, beginning with the causal world, disharmony is impossible.

¹⁰A collective being always represents preeminently some one of the three life aspects, and that is why we can speak of the collective beings of the matter aspect, of the consciousness aspect, and of the motion or will aspect. Here it must be kept in mind that the other two aspects of course always are present in each collective being, although they are not as salient as the aspect being represented. Thus the lower four natural kingdoms, mankind included, represent the matter aspect. The planetary hierarchy represents especially the consciousness aspect. A new kingdom in nature, called the "new group of world servers", has begun to appear between mankind and the planetary hierarchy. The appearance of this new kingdom marks the fact that human monads at higher stages proceed collectively to work principally at furthering consciousness evolution. Correspondingly, the members of the planetary hierarchy of higher degrees, the third selves (43:4–45:3) are ever more intensively occupied with the motion aspect, everything that has to do with awakening the will and directing it according to law.

¹¹Of course, the planetary government is the prime representative of the motion aspect, the will aspect, and uses the cosmic energies for the various processes of manifestation within the planet.

¹²It is among the tasks of third selves to further "scale down" the dynamis effect, to supervise its expedient use in the lowest four natural kingdoms for evolution in the wider sense.

¹³It is among the tasks of the planetary government and planetary hierarchy to use primary energy for the direction of secondary involutionary or elemental matter. Forms of these kinds of matter, which have passive consciousness, serve as perfect robots and enable mechanical events as well as finality in nature.

¹⁴Esoterics gives us knowledge of the fundamental energies with its teaching on the 49 atomic kinds with their motion aspect. Hitherto all too great emphasis has been laid on matter and consciousness; attention has not been called to the fact that matter as well as consciousness also has a motion aspect, demonstrating in matter as energy and in consciousness as will.

¹⁵The matter aspect shows us how it is but the motion aspect how it will be. Life-ignorance has misinterpreted the prevision required for the expedient work at energies as the predestination of everything. Learning the difference between prevision and predestination is part of the development of discrimination. If everything were preordained, free-will would be made impossible. Therefore, prevision can concern only probabilities, certainly greater the more causes are considered and the closer the future intended.

¹⁶The West has discovered the matter aspect; India, the consciousness aspect. The will aspect remains to be discovered by exoterists in both the Occident and the Orient.

2 Dynamis

¹The original cause of motion, the universe's total energy, is the dynamic energy of primordial matter, which Pythagoras called dynamis. (The word "dynamis" is stressed on the first syllable.) Dynamis is one, is a unity, the one primordial force, the source of all force. It is eternally active, the fundamental cause of the perpetuum mobile of the universe, inexhaustible, unconscious, omnipotent within the limits of the possibilities of matter.

²Dynamis produces the primordial atoms in primordial matter, confers on the atoms their original motion, the possibility of all other motion, makes the primordial atoms eternal and indestructible by eternally maintaining their dynamic motion, impels the primordial atoms to manifestation.

³Dynamis acts in every primordial atom, and directly only in the primordial atoms (atomic kind 1), indirectly in all lower matter, thus matter composed of primordial atoms (atomic kinds

2–49). Dynamis makes the primordial manifestation (the primordial atoms) an eternally dynamic motion.

⁴Dynamis causes higher matter to act as energy on lower matter. The ability of dynamis to affect matter is reduced in each lower atomic kind and still more in each lower molecular kind of atomic kinds 43–49. The greater the density of primordial atoms (the more composed the atomic kinds), the coarser the matter (atomic kinds, molecular kinds), the lesser the effect of dynamis, and so in all worlds of the whole cosmos.

⁵Dynamis impels matter to act in accordance with the law, or nature, of matter itself. The law of cause and effect thus is the manner in which dynamis brings about unshakably firm constant relations (laws of nature) in the composition of matter and on account of the nature of primordial matter.

⁶There are no restrictions on the action of dynamis in chaos (the primordial manifestation, the state of primordial atoms before their involvation into a cosmos) and, being a blind force, it can itself only work chaos. Directed by omniscience and perfect wisdom, it works perfect finality, based on the knowledge of the constant relations of the matter aspect.

⁷Dynamis is also called will, since it can act through consciousness, can be conquered by consciousness and become the omnipotence of omniscience.

⁸To the extent that the individual in higher kingdoms gains access to dynamis, his force is inexhaustible. In the absolute sense, this is possible only in the highest cosmic kingdom, or the seventh divine kingdom (1–7). In all lower cosmic kingdoms (8–14, 15–21, etc. to 36–42, inclusive), omnipotence is limited and cosmic energy is accessible within the framework of cosmic consciousness. Additional energy is supplied to the individuals to the extent that this is needed. In each higher kingdom there is a group of particular dynamicians whose exclusive function is to supply higher cosmic energy to members of lower kingdoms.

⁹Dynamis is the one force. It should not be confused with so-called forces of nature, or energies of physical science. Energy is matter. Various energies are various kinds of matter. Matter can act as energy on other matter. Energy is the action in, or effect on, lower matter by higher matter. In the last resort it is dynamis that impels higher matter to act on lower matter as energy. Matter is energy as long as dynamis acts. When dynamis acts no longer, matter ceases to be energy and, with that, energy as energy is annihilated. Thus dynamis is the one indestructible force. Any other force is annihilated.

¹⁰Dynamis is what is dynamic and matter as energy is what is mechanical. Dynamis affects matter directly. Dynamis is always the initial impulse that sets matter as energy in motion. Energy acts directly only on its "own" kind of matter and cannot act on other matter but through matter. There are as many different kinds of energy (more correctly: modes of activity or expression of energy) as there are different kinds of atomic matter. Dynamis acts directly only in primordial matter and in the primordial atoms (the primordial manifestation), and indirectly through active consciousness. Primordial matter is both matter and energy for manifestational matter.

¹¹The primordial manifestation is the dynamic process of primordial matter, and all other manifestation is of necessity simultaneously both primordial manifestation and primordial matter. The blind dynamic force of primordial matter keeps everything in perpetual motion. Nothing can or may stand still. Should the rotary motion of the primordial atoms cease but for the fraction of a second, then the atom would dissolve. The bubble would no longer be a bubble but be annihilated. The entire primordial manifestation is motion, and every primordial atom is eternally dynamic.

¹²Dynamis executes the work, brings about whatever happens, the process of nature. In manifestational matter it is consciousness that directs, forms, determines the mode. Dynamis is everywhere the primary factor. Yet this is most evident when consciousness is not active. Dynamis is both primary and secondary. As primary, dynamis in time exists before conscious-

ness, and is independent of it. As secondary, dynamis is dependent on active consciousness, then being will. Traditionally we use the word "will" for various factors that can be directly or indirectly connected, but also not connected at all, with the will: such as desire, aspiration, energy, vitality, determination, perseverance, choice of motive, freedom or power of action, etc.

3 Material Energy

¹Energy in the scientific sense is matter in motion. All higher kinds of matter (atomic kinds, molecular kinds) are energy in relation to all lower kinds of matter.

²All energies, of whatever kind, consist either of atoms or of molecules. Dynamis cannot act through anything but these as its material. "Ideas", too, are atoms or molecules having their energy from dynamis, which is the primordial force in everything. And everything is an expression of the trinity of existence.

³Matter does not dissolve into energy, but into higher matter.

⁴When matter ceases to move, its quality of being energy ceases.

⁵All forces of nature are matter. There are more than 2400 different kinds of forces of nature within the solar system (43–49). Every molecular kind contains 49 different layers of matter, which can all act as energy.

4 The Cosmic Motion

¹The cosmic motion (in the 49 atomic kinds), all energy in our cosmos, is the result of a constant current of primordial atoms (primary matter) flowing down from the highest atomic world through the 48 lower worlds, through the atoms of all lower kinds (2–49), then returning to the highest world to begin their circulation anew, and this continuing as long as the existence of the lower worlds is necessary. This current, impelled by dynamis, is the force that keeps everything in motion; maintains the atoms, molecules, material aggregates in their given forms; enables all processes of manifestation including the processes of involvation, involution, and evolution. The cosmic motion has no other purpose than to supply energies to the processes of manifestation.

²The directing is done by individuals in the highest cosmic kingdom. The directing of this three-, seven-, and 49-fold differentiated energy in the molecular matter of the solar systems is done by the highest collective beings within the solar systems in constantly changing cycles in accord with the law of periodicity (rhythm) necessary to the pertaining matter.

³The continuous process of involvation–evolvation also embraces the composition of primordial atoms (atomic kind 1) to form 48 ever more composed atomic kinds (2–49), to form 42 ever more composed molecular kinds, the formation, change, dissolution, and reformation of all material forms (simplest expression: the rebirth of everything).

⁴As a result of the cosmic motion all atoms in all worlds, and consequently all molecules and aggregates, radiate material energy, in doing which the aggregate always in some respect imparts something of its individual character. Therefore, every aggregate emits specialized energy.

⁵Vibrations are the result of higher kinds of matter penetrating lower kinds. This fact has given rise to the saying that "everything consists of vibrations".

5 Will

¹The will is the central feature of the motion aspect. Will is dynamis acting through active consciousness. Active consciousness thus is the ability of consciousness to let dynamis act through it, that ability to manifest energies which is the basis of all action. Without will we would be passive, inactive. Will is energy's individualized mode of acting through consciousness, in doing which the essential things for ever higher worlds are the consciousness content's accordance with law, accordance with plan, finality, one-pointedness of purpose.

²Therefore, will is the union of consciousness and energy. And that is the reason why a higher kind of consciousness has a greater energy effect. A lower kind of consciousness need not be rational, a fact that appears from physical as well as emotional impulses.

³The esoteric axiom, "energy follows thought", indicates that the expressions of active consciousness induce matter to act as energy.

⁴Consciousness activation in the lowest three natural kingdoms is an unconscious and automatic process which gradually becomes a conscious one in the human kingdom. In higher kingdoms it is the result of self-initiated consciousness activity.

⁵The practical import of what was just said is that the monad, in order to pass from the human kingdom to the fifth natural kingdom, must be self-active in respect of consciousness. This is a necessary though not a sufficient condition; additional necessary conditions are, for example, the acquisition of permanent self-consciousness and of the twelve essential qualities.

⁶Man's will is at the emotional stage desire, at the mental stage the rational motive. The original philosophic definition of will was "the relation of consciousness to a purpose".

⁷The will aspect such as it expresses itself in the individual consciousness has been given a great number of names: physically the "urge of self-preservation" (will to live); emotionally (lower) "desire", (higher) "aspiration"; mentally "expedient motive", causally "expedient and purposeful self-realization" in accord with the Law; essentially the "realization of unity", etc., in ever higher kinds of consciousness.

⁸Properly speaking, the expression "blind will" is a contradiction, even though we use energies without understanding it and without knowing their nature.

⁹The motive for action affects the will. The greater the knowledge of reality and of the laws of life, the more rational is the intended purpose. It is characteristic of common sense that it strives after simplification. The simplest thing is the most difficult of everything, both in understanding and realization.

¹⁰Man is not permitted to know what will is. Instead, he calls every conceivable thing "will". This much can be said that will is that portion of the omnipotence of primordial matter which the individual has acquired the potential of using and which, therefore, determines his level of development.

¹¹In man, will is selfishly determined, but becomes, as evolution performs its beneficent work, increasingly consonant with the laws of life and oriented to the good of all, the good of the whole. Also in higher kingdoms, there is an unceasing adaptation to the ever greater possibilities that manifest themselves when there is an increase of knowledge of the Law as it expresses itself in ever higher worlds.

¹²All consciousness expressions are also energy expressions.

¹³In will two chief elements can be discerned: the energy expression and the motive.

¹⁴Will is practically the ability to realize, to put insight into action. Knowledge has no great value, if it does not lead to anything. Knowledge entails responsibility. The planetary hierarchy, which gives us knowledge, does not do so to make people sleep better. The hierarchy casts no pearls. Anyone who does not understand the value of the knowledge loses opportunities of development not only for one incarnation. There is a literal competition for a suitable nation, a suitable "caste", a suitable cultural environment, a suitable family.

¹⁵Since the meaning of existence is the consciousness development of all monads, this requires the unanimous cooperation and mutual service of all monads (in contrast to the self-assertion of everybody). The planetary hierarchy by "will" means the good will in agreement with the purpose of life. Any other will leads to a war of all against all. Like all esoteric truths this one is immediately obvious.

¹⁶The greatest power in all life is the purpose when it is in accord with the Law and the meaning and goal of existence. This is what the esoterician calls "will". What men call "will" is the energy of purposefulness, however misdirected it be. The esoterician's "will" pre-

supposes knowledge of reality and the ability to put this knowledge into action in all expressions of life. In this sense it is only in the third triad that the will can manifest itself. Before then, it has been able to express itself as energy only. According to esoterics, the word "will" cannot be used at all in worlds 47–49. And a radical distinction is made between the kinds of energies of the second triad and those of the first triad, not merely because energies always manifest themselves differently in different worlds but also because energies in higher worlds act with greater finality.

¹⁷There are as many kinds of modes of activity of the will as there are kinds of active consciousness. Desire triggers emotional energy, a rational motive triggers mental energy. In both cases the will makes up the dynamics, the initial energy. In the present mankind, emotional will has the strongest expression, since emotional consciousness is the most active kind of consciousness. That is the reason why certain theosophists call it "will proper". It appears that the esoterician wants to reserve the term "will" to denote the motive of essential (46) consciousness, a motive guided by true knowledge of reality and of the laws of life. The original esoteric designation "will" referred to activity in accord with the meaning and goal of life.

¹⁸To exoterists, those who lack esoteric knowledge, will has always been a mystery, since only esoterics can explain that reality. Scientific determinism, which implies a denial of so-called free-will, is a mistake that is as basic as divine arbitrariness in religion. Original determinism has of course been misinterpreted, as usual. It meant something totally different from the proclamations of philosophic and scientific ignorance. It intended that so-called free-will is dependent upon motives and is determined by the strongest motive. True, it is dependence and as such a certain bondage. Bondage disappears, however, when it is realized that the individual himself can make any motive whatsoever the strongest one. The motives that unconsciously determine his actions are partly among those which he has acquired in previous lives and which now exist in his subconsciousness, partly among those which he has acquired in his new incarnation through education and conditioning by his environment, influences that generally idiotize him.

¹⁹According to the planetary hierarchy, the will of the first self is determined (not free). But it maintains that the will of the second self is "free", for this will presupposes knowledge of the Law (in the worlds of the second self, 45–49) and applies it without friction, that is, in such a manner that it cannot come into conflict with the Law, which would otherwise result in constraint. This is the explanation of "free-will", that seed of contention of all ages. As usual in such cases, there was a misconception of an esoteric fact by the uninitiated.

²⁰The planetary hierarchy's view of the will occasions some writers to call the three kinds of consciousness of the second triad as well as those of the third triad "will" and even to disregard both the matter aspect and the consciousness aspect. To these authors, the will has become the one essential thing.

²¹In superessential selves, 45-selves, the will, the ability to make dynamis act through active consciousness, has become so efficient that the kinds of matter of all lower worlds (46–49) appear automatized. To a 45-self, the matter aspect offers so little resistance that "everything is energy".

²²Superessentiality is the will aspect of the second self. Superessential energies reach the envelopes (including the organism) of the first self via the crown centre. Superessentiality is the energy of the will to unity made perfect, that will to unity which is the first revelation of the true will aspect.

²³To man, will is an insoluble problem (a "mystery"). He cannot "comprehend" or "understand" the nature of will, only ascertain its effect in various relations. Only superessential consciousness is in a position to grasp something of its nature, for only in 45-matter dynamis appears to act in such a way that the individual may begin to understand what is meant by cosmic omnipotence.

²⁴It may be said that the will, among other things, is a synthesis of knowledge, unity, power, and law. It is dynamis. It manifests itself as "be-ness".

²⁵What the planetary hierarchy calls "will" is dynamized matter impregnated with atoms of higher atomic kinds and the pertaining kinds of consciousness.

²⁶What men call "will" is actually purposive determination, an individual's attempt to dynamize emotional or mental matter with his own thought-form of the illusory or fictitious kind.

6 Different Kinds of Motion, of Energy, and of Will

¹There are as many different kinds of motion, of energy, and of will as there are atomic kinds and molecular kinds. By analogy with the matter aspect and the consciousness aspect, there are also seven main kinds of motion within the seven atomic worlds of the solar system (43–49), thus: physical motion, energy, and will (49), emotional (48), mental-causal (47), essential (46), and so on to manifestal motion, energy, and will (43).

²There are as many different kinds of will as there are kinds of active consciousness. The different kinds of will are acquired simultaneously with full subjective and objective self-consciousness in the respective worlds, or with the self's ability to centre itself in the envelopes made of the matter of those worlds.

³The energies that become manifest are the effects of the next higher molecular kinds on the next lower ones in each world. The atomic energies act from world to world through the atomic kinds.

⁴Since lower kinds of matter are composed of higher kinds, lower kinds of energies consist of higher kinds. In studying this it is to be noted that composition coarsens matter and reduces the energy effect enormously.

⁵A fundamental axiom in esoterics is that all kinds of energies are threefold in nature, a discovery that remains to be made by science. One of the three dominates. Of the other two the one has a positive, qualifying action; the other, a negative, eliminating action. This implies that the right manifestation and desired result of any energy require the meeting of three forces; for since initially active force and counteracting force are equal and exchangeable in all worlds, a third force must be added enabling the initial force to overcome the resistance.

7 The "Rebirth" of Everything

¹All material forms (atoms, molecules, aggregates, worlds, planets, solar systems, aggregates of solar systems, etc.) are subject to the law of transformation. They are being formed, changed, dissolved, and formed anew. The "rebirth" of everything is an inevitable phenomenon also because in the long run no material forms (atoms and molecules included) endure the wear and tear resulting from the cosmic motion (the circulation of primordial atoms).

²The primordial atoms that form all these compositions of matter thereby have opportunities to have ever new experiences in new forms. All learn from everything.

³When their form is renewed, all organisms (plants, animals, men) receive a form of life similar to the previous form, until their consciousness development requires a specifically different, higher form, a more expedient possibility to acquire increased experience.

⁴Man is reborn as a man (never as an animal), until he has learnt everything he can learn in the human kingdom, and has acquired all the qualities and abilities necessary to enable him to continue his consciousness expansion in the fifth natural kingdom. Rebirth explains both the seeming injustices of life (since in new lives the individual has to reap what he has sown in previous lives) and the innate, latent understanding and the once self-acquired abilities existing as predispositions. It does more than that. It refutes 99 per cent of everything that mankind has accepted as truth.

8 The Process of Manifestation

¹The process of manifestation is that process through which the cosmos with all its content comes into being. The whole of existence is, with respect to consciousness, a gigantic process of development from actual unconsciousness to final omniscience. Being originally unconscious, the striving after ever higher kinds of consciousness and (when insight has been acquired) ever higher kinds of consciousness of unity or consciousness of community (as a necessary condition of omniscience) becomes dominant, and all the means consciousness finds to be an outlet of the universal energy are directed at the realization of the meaning and goal of life, as they are seen.

²The great principal processes are:

the processes of involvation and evolvation the processes of involution and evolution the process of expansion

³In the process of involvation, the unconscious primordial atoms (the monads) are introduced from chaos and are involved to form more and more composed matter, cosmic material worlds as well as solar systems and planets.

⁴In the process of involution, the unconscious monads are awakened to consciousness, which is passive to begin with. In the four lowest natural kingdoms of the process of evolution, the consciousness of the monads becomes increasingly self-active. In the human kingdom, the monads acquire individual consciousness, after which their consciousness development continues in ever higher natural kingdoms.

⁵In the process of expansion, the individual consciousness is expanded into collective consciousness comprising more and more, until the goal of all monads has been reached: the common cosmic total consciousness.

⁶The highest seven cosmic worlds (1–7) constitute the foundation of everything in the cosmos. They are made up of monads who have gone through the process of manifestation in another cosmos, have learnt to handle dynamis (the eternally blind omnipotence of primordial matter, the source of all power) and now in their turn are building out the cosmos and directing the process of manifestation.

⁷From these seven worlds emanate all the material energies which form the lower kinds of matter and make the cosmos a living whole constantly changing.

⁸The entire process of manifestation is based on a plan broadly outlined in which the final goal (the omniscience of all participating monads) alone is fixed. The process depends in its course more or less on the cooperation of all monads. They cannot, of course, prevent the process being carried through, but resistance or inertia on their part can delay it.

⁹All events, all processes of nature, the formation, change, and dissolution of matter, in the last resort originate from the highest seven cosmic worlds. They thus constitute the basis of the motion aspect of existence.

¹⁰These original energies are conveyed to the solar systems through the five intermediate cosmic expansion kingdoms (the five septenary series from world 8 to world 42), in the course of which a higher world transforms and scales down the material energies for further transmission to the next lower world.

¹¹The relative significance of the three aspects to each other is constantly being shifted in the process of manifestation. In the lower natural kingdoms, the matter aspect appears to be the only one. In each higher kingdom, the consciousness aspect grows more and more in significance, so greatly that the matter aspect, which of course remains the basis that can never be lost, comes to seem utterly insignificant to consciousness. But since in each higher kind of atomic consciousness the omnipotence of dynamis gradually manifests itself more clearly, the motion aspect, the will aspect, finally comes to dominate everything.

¹²The very composition of matter in accordance with the potentiality of matter and the finality of events in nature is the work of the individuals of the highest cosmic kingdom.

¹³The fundamental laws acting with finality of course are based on the law of nature. But in addition there are in every cosmic world accommodatory laws that must adapt to the nature of the atomic kind and also change according as the cosmic purpose is attained in the cosmic processes of manifestation.

¹⁴The cosmic energies that the planetary government adapts to the planetary processes of manifestation (with constant modifications according as the monads adapt to the laws of life and use them right) are temporary laws and should not be described as laws to avoid confusion of ideas.

¹⁵The worlds are built out from above, from the highest world, and in the last analysis all processes of manifestation are directed from there. The task of higher kingdoms is to supervise the processes in lower kingdoms, to direct the cosmic energies expediently so that the meaning of existence, which is consciousness development, is realized. All energies originally come from higher kingdoms. The whole of evolution runs without friction to the extent that individuals in lower kingdoms utilize these energies expediently (in accord with laws of nature and laws of life). Otherwise friction is obtained. And such friction is the original cause of "all evil in the world".

¹⁶The formation and dissolution of solar systems and planets, of all material forms, are the result of cosmic material processes; involvation and evolvation, involution, and evolution.

¹⁷All processes of matter, all events, are determined by seven different kinds of cosmic energies, which in fixed cycles pervade everything in nature. In history those cycles make up the true historic epochs of some 2500 years.

9 The Seven Fundamental Energies

¹Those material energies which pour out from the highest seven cosmic worlds are the source of all energies in the cosmos. The primordial force is dynamis, it is true, but the original material for the energies is primordial atoms. All energies are material.

²The seven fundamental energies are different expressions of that individual character which makes them, in accordance with the law of least resistance, follow the numerical principle of the septenary series (for example, the seventh septenary series through worlds 7, 14, 21, 28, 35, 42, and 49).

³The seven fundamental energies are composed and scaled down more and more in each lower cosmic kingdom, until they reach the lowest kingdom (43–49), the spheres of the solar systems, where they are utilized by the governments of the solar systems.

10 Finality in Existence

¹The total energy (dynamis) certainly is a blind force, acting mechanically. But the cosmos is a reality endowed with finality, and those who shaped it have as their single purpose sought the realization of the consciousness development of the primordial atoms (monads). In so doing they have been forced to do their utmost to utilize mechanically acting total energy as the basis of all motion in the universe (which could be called an emergency), trying to put into it the highest possible degree of finality. It is obvious to esoteric understanding that the philosophers would never manage to solve that problem, no more than any of the other basic problems of reality. This requires other instruments and other possibilities of experience than mental consciousness and physical experiments.

²It was to this plan, made by the highest cosmic kingdom when shaping the cosmos, that the gnosticians gave the symbolic name the "will of god", an expression which the theologians have managed (as always) to misinterpret dreadfully.

³It is important to learn to distinguish between the energies of the matter aspect and those of

the consciousness aspect. The energies of the matter aspect work with the molecular kinds. The energies of the consciousness aspect pass through the atomic kinds. This is the difference between knowledge and wisdom.

⁴The forces that act automatically were divided by the ancients into mechanical and final forces. In fact, there are two kinds of finality: the kind explained above and that finality which is the outcome of coaction of mechanical forces of nature with the instinctive striving of consciousness after adaptation. The greater this adaptation, the more the mechanical forces act with seeming finality. Physical and emotional evolutionary matter acquired this instinctual finality through mentalization in the previous (or first) solar system.

⁵The natural forces that act mechanically are functional energies, which are constantly emitted from the automatized envelopes of collective beings. The differentiation of the forces depends on the fact that each molecular kind becomes its own kind of energy and also that every collective being emits its specialized energy.

⁶Minerals, vegetables, and animals are dominated by the energies of the matter aspect acting mechanically, and even mankind is still in a similar condition. Only when men come to know and correctly use the energies of life acting with finality will another condition be obtained on our planet. The lower kingdoms serve mankind just as the higher ones do. Only mankind refuses to serve any other than itself and considers that everything exists for its sake, which is its most fundamental mistake. Men exist to help the lower three natural kingdoms and to assist the planetary hierarchy with the development of human consciousness. That truth is probably incomprehensible to most people; so great is the self-blind self-absorption of human beings.

⁷The forces acting mechanically are the real causes of all the disease existing in all the four natural kingdoms. This is an esoteric axiom which of course is rejected by the learned. It will take a long time before science will be able to ascertain this or to accept this information as an esoteric fact and a hypothesis to work with. They have already been able to ascertain that disease occurs in the vegetable kingdom. But they have not been able to find the ultimate cause of this phenomenon, only the most obvious ones.

⁸Finality in nature is the result of cooperation between all the three aspects.

⁹Finality in history, the history of human consciousness development through millions of years, is predominantly a work of the consciousness aspect.

11 Cosmic Energies

¹All cosmic energies influencing the solar system come directly from or indirectly via the twelve zodiacal constellations. They always belong to any one of the seven departments.

²All cosmic, solar systemic, or planetary energies are cyclic. The law of periodicity is a universal law.

³In order to have an impact, cosmic vibrations must be scaled down to the dimensions of lower worlds. Thus atomic kind 42, of dimension 8, must be scaled down to dimension 7 to function in atomic kind 43. These energies from the cosmos reach the worlds of the solar system and the planets via the sun.

⁴Those worlds ("envelopes") of the planet which constitute the planet absorb "their" kinds of matter.

⁵The seven departmental energies of our planet function differently in the different worlds and according to consultation with the solar systemic government.

⁶It is largely true that the energies of the first department are always active in the highest world (43) and in different periods in the lower worlds, the shorter the lower the world.

⁷The energies of the second department are always active in the highest two worlds (43 and 44); and those of the third department, in the highest three worlds (43–45).

⁸For the time being, departments 2, 3, 5, 6, and 7 are active within the physical world of our planet.

⁹The energies of the fifth department were switched on in 1775, and it is these mental energies that have enabled the great scientific discoveries and technological inventions. Since mankind has demonstrated that it does not want to use these energies in the right way but abuses them to the detriment of life and its own advantage instead of letting them benefit all, they were switched off in the year 1950. It will take some 50 years before these mental vibrations have lost their efficiency whereupon mankind will have to be content with the discoveries and inventions which the disciples of the planetary hierarchy are permitted to give out.

¹⁰The energies of the sixth department (coinciding with the Piscean zodiacal epoch) become ever fainter and will have ceased functioning in the worlds of man a few hundred years hence.

¹¹The energies of the seventh department have reached down to the physical world and will, if nothing unforeseen happens, be active the next 2500 years.

¹²The energies of the first department have begun penetrating the mental world, will be noticeable in the emotional world in about 100 years and fully active in the physical world about 2000 years hence.

¹³The energies of the fourth department will reach the physical world around the year 2025. In that connection the clans belonging to that department will begin a new series of incarnations. (Monads do not incarnate after the energies of their causal envelope department have ceased in the causal world and lower worlds.)

¹⁴The energies of the fifth department further science; those of the sixth department, idiologies; and those of the seventh department, new kinds of civilizations.

¹⁵History, true history, is the science of consciousness development during the various zodiacal epochs and under the influence of the different departmental energies.

12 The Solar Systemic and Planetary Energies

¹The cosmic energies that reach the solar systems arrive via the seven worlds of the lowest cosmic kingdom but one (36–42).

²The solar systems are an intricate distribution network for these energies.

³Every solar system undergoes three different stages of development corresponding to the three aspects: the matter, consciousness, and motion aspects. In each of the three periods the solar system undergoes a complete remoulding.

⁴The solar systems of higher degrees convey the cosmic energies to those of lower degrees. Our solar system is of the second degree. The energies from other solar systems reach the planets via the sun, which has the function, among others, of transforming the atomic energies into molecular energies. These seven main kinds of molecular energies, like all septenaries, can be divided into three higher and four lower. The three circulate interplanetarily; the four are distributed to the planets, in which process the principle of circulation is also employed, so that the planets receive energy from each other.

⁵Every solar system, every planet, always represents one of the seven cosmic types specifically, always in its individual mode, since everything in the cosmos is at the same time typified and individually characterized.

⁶As a result of this typification with its concurrent differentiation down to individual character, the ever lower kingdoms present a continual subdivision of the types until every individual becomes something individually characterized, yet, as regards one or other of the aspects, he can be said to represent one of the principal types, at the same time, however, being something of all the types.

⁷The energies are always type energies, and the effects they have on the different types in the different kinds of matter and kinds of consciousness differ accordingly. When activity of a certain type dominates, it sets its mark on individuals and collectives in their unique characters. The result of this is that every process is individual and can never again produce anything exactly similar, never achieve exactly the same result. This truth was expressed by

the ancients in the saying "you cannot descend twice into the same river".

⁸It should be added that all atoms in all material aggregates receive and in their turn emit energies.

⁹The energies coming in from without have their own types and individual characters. The energies conveyed further always have their individual characters coloured to a certain degree in the new aggregates they flow through.

¹⁰Astrology is based on a very simple fact: that all bodies (material globes, etc.) radiate energy received from the cosmic atomic circulation. There is a constant exchange of energies between the solar systems. Every solar system is related to certain others, and the cyclic reception of energies is intended to facilitate the ongoing process of manifestation affecting all atoms and material aggregates (thus also human material envelopes) within the solar system. The fact that also the consciousness aspect is concerned in this is understood by those who have realized the trinity of existence, which also implies that every planet is the home of a collective consciousness, of a collective being.

¹¹ The knowledge of the relations of our solar system and our planet to other solar systems, of the exchange of interstellar and interplanetary energies, once was one of the most important sciences in mankind's possession. The people that got farthest in this respect were the Chaldeans of some 30,000 years ago. Fortunately, we may look forward to the time when the individuals who acquired this knowledge in Chaldea will incarnate again and once more present mankind with the esoteric "astrology", thereby reviving the long-forgotten knowledge. The planetary hierarchy will provide them with the facts necessary to awaken their latent knowledge to a new life. This is what is constantly happening, being in accordance with the Law. What mankind can accomplish, it must do by itself. It is up to mankind to remember anew knowledge that it has lost.

13 "Ideas Rule the World"

¹As an expression of consciousness, the idea belongs to the consciousness aspect. But its realization belongs to the motion aspect. What would omniscience be without omnipotence?

²"Ideas rule the world", for the entire process of manifestation proceeds in accordance with cosmic ideas.

14 Cosmic Ideas

¹The entire process of manifestation is a continuous process of ideas.

²There are cosmic ideas, solar systemic ideas, planetary ideas, as many different kinds of ideas as there are kinds of atomic consciousness and atomic worlds in the cosmos.

³Our planetary government is entrusted with the cosmic ideas pertaining to the maintenance and development of life in the planet and also sees to it that they are realized in accordance with the laws.

⁴These ideas are the causes of the processes in nature, the causes of the formation, changes, and dissolution of matter, and they are the precondition of the consciousness development of all the natural kingdoms.

⁵It is not true, as the physicalists believe, that finality in nature is a special case of forces of unconscious matter acting mechanically. The exact opposite of this is the case: the energies that act mechanically in the solar system are special cases of those acting with finality: automatized consciousness robots achieving the missions suited to them with unerring precision.

15 Hierarchic Ideas

¹Those cosmic ideas pertaining to consciousness development, which are to be realized in the human kingdom and lower kingdoms, are laid down by the planetary government and effected by the planetary hierarchy. Ideals can be accepted or rejected. But hierarchic ideas

must be realized, no matter how long it will take.

²Just as mankind has its highest world (the causal world) and from there can bring down ideas, so the planetary hierarchy has its world of ideas, the lowest world of the planetary government.

³The work of the planetary hierarchy can be read in the planetary history of the consciousness development of the lowest four natural kingdoms which goes on in the physical world. This history is to its full extent preserved in the collective memory of the submanifestal world. "Akasha", of which Rudolf Steiner spoke so much, is not the emotional world (48), as he believed, but the submanifestal world (44).

⁴The history of the human individual exists in the collective memory of the causal world (47).

⁵The causal world, the world of Platonic ideas, is the property of the planetary hierarchy. It is accessible to those who have acquired causal consciousness. The causal ideas reproduce reality such as it can be rendered in this kind of consciousness. The Indian elaborator of the raja yoga system, Patanjali, called the idea content of the causal world the "rain-cloud of knowable things".

⁶All that mankind needs for its consciousness development is given to it. Mankind is given opportunities of coming to know reality through its own experiences during countless incarnations. Mankind is informed of all the facts which are necessary for it to orient itself in reality and life, and which it cannot ascertain by itself. It is given every possibility. What mankind can do, however, that it must do by itself, solve all its problems by itself. The law of self-realization is a cosmic law that is valid in all kingdoms.

16 The Ideas in Mankind

¹The physicalists believe that ideas are subjective conceptions of the human brain. That is on the whole true of the reality content of their ideas, for they consist of emotional illusions and mental fictions.

²Emotional illusions are emotionalized mental conceptions, which, on account of emotional needs, have turned into permanent convictions (dogmas, beliefs). Examples include all political idiologies and religious dogmas.

³Mental fictions include all fancies, freaks, guesses, suppositions, assumptions, etc., as well as the hypotheses and theories of science, all being mental constructions that do not have all the facts put in their correct contexts.

⁴Knowledge, on the other hand, is a perfect mental system of the requisite facts. It is only the planetary hierarchy that can decide whether all the facts are there.

⁵Mankind has a long way to go before it has learnt to distinguish between what it knows and what it does not know. Sokrates was one of the few to be on the safe side. Others deceive themselves by their acuity and profundity.

⁶It is significant that few of those hyperintelligent people have been initiated into esoteric knowledge orders, and that those who have, remain in the lower degrees. No better off are those who drivel about their intuition or believe they can assess the reality content of their "revelations", or clairvoyant experiences.

⁷If one does not know, comprehend, see, and understand, the safest attitude is a good share of healthy skepticism, according to a piece of advice from 45-self D.K., to counteract credulity and blind belief in authority.

⁸There are two main kinds of ideas:

hierarchic ideas

ideas of the causal world

⁹The hierarchic ideas include the facts mankind needs for a rational conception of reality and life, of the meaning and goal of life, of all that it is unable to ascertain by itself. These

facts are communicated gradually to the extent that mankind develops sufficiently to be able correctly to comprehend them, to put them into their correct contexts and not to abuse them to the detriment of life and its own ruin.

¹⁰For these ideas to be made conceivable, they have to be scaled down to the lower mental. Those people who occupy themselves with the pertaining problems and are tuned to the "right wavelength" are able to pick up the pertaining mental molecules. Then follows a process of matter and consciousness that can take a relatively long time, in many cases as long as fifteen years. The mental idea becomes part of the consciousness, often the superconsciousness, of the mental envelope, frequently as a "hunch". Eventually it becomes a mental conception and then works its way down to the mental molecules in the brain cells. It can now be formulated into a definition.

¹¹"Ideas rule the world" means, as far as mankind is concerned, that ideas are the milestones of development, that what we call the course of history proceeds in accordance with cosmic ideas scaled down by the planetary hierarchy. Mankind advances to the extent that these ideas can be conceived as ideals, eventually to be realized.

¹²Other measures are also taken, of course. For example, clans at the stage of culture are permitted to incarnate when a new culture is to be built up, and clans at the stage of barbarism incarnate when old cultures have grown unfit for life or hostile to life and are to be smashed. The corresponding process is repeated in each zodiacal epoch (of some 2500 years).

¹³Dictatorship, democracy, and communism are all examples of ideals that have been bungled. So far, they have always been idiotized and brutalized. They are different sides of one and the same idea, which sooner or later in the course of history will have to be realized in a synthesis.

¹⁴"Energy follows thought" is an esoteric axiom, too, that the psychologists have not yet been able to grasp.

17 The Origin of Material Forms and Forces of Nature

¹Physical life has its physical-etheric, emotional, mental, etc. material counterparts. The physical is just like a condensation, coarsening, scaling down, of the emotional; the emotional, the same of the mental, etc. Planets, natural kingdoms, etc., have their correspondences, their origins, in higher worlds. The process of involvation does not just imply an involvation of the atoms but moreover of the forms which are thought in the second cosmic kingdom (29–35), which forms assume their lowest shapes in the physical world. The physical world is the result, the effect, of the activity in matter of the higher worlds. We seek in vain in the physical for the true causes of physical events. The process of involvation is a successive repetition of higher matter, and of that which exists in higher matter, in ever coarser, ever more composed matter. Without first existing in higher matter, no enduring forms can exist in lower matter. The higher the matter to which the form originally thought belongs, the more enduring, differentiated, viable is the final form. And the forms that are required for evolution must be of the highest possible viability. It was this basic and universal principle of form-furnishing that Platon had in mind when using his metaphor of ideas as the origin of everything.

²This explains why the solar system can be called a replica of the cosmos, why analogy is the principal method of inference in esoterics; what the analogy of higher and lower, of macrocosmos and microcosmos, depends on. When making such inferences by analogy, you must of course proceed cautiously, since analogy can never be quite exact. That which exists in finer, higher matter can never be exactly represented in coarser, lower matter. In being coarsened, the next higher must be "adapted" to the material possibilities of the next lower. And the greater the distances in respect of kinds of matter between the realities compared, the more erroneous is an analogy pushed too far. Without the greatest possible likeness between higher and lower, however, friction would increase and automatism would be made more difficult, not

to say impossible altogether. The laws of least resistance, highest efficiency, fullest automatism, greatest possible likeness to the ideal, are one and the same universal law of matter.

³The material forms that constitute the four natural kingdoms of our globe – the mineral, vegetable, animal, and human kingdoms – derive their first origin in worlds 29–35. In those worlds they are constructed as forms serviceable for future evolutions in lower worlds. Those material forms are condensed when passing through each lower kind of matter. Each transportation from higher to lower matter entails a progressive experimental adaptation to coarser kinds of matter. The most essential involutionary work done in the lower worlds is that of rectifying tendencies to deviation in this adaptation. Being endowed with finality, the energies from the higher worlds act with an impelling force that is irresistible. From atomic kind 43 down the forming is done also in molecular matter. These involving material forms are elementals that are reproduced in ever lower kinds of matter, until the physical etheric kind of matter has been reached and the moulding of organic forms becomes possible. This formation in solid physical matter (49:7) becomes dependent on the functional autoformation of organic life all the way from the primordial cell. In this process the direct impulses originate in the etheric matter of the cells. Material forms are either involutionary or evolutionary beings. They are involutionary beings until taken possession of by active evolutionary monads.

⁴The first self finds its ideal in the causal world. The form of causal matter is the highest form, the ideal form, for this self. The artist who, when watching a physical form of nature, can have a vision of the corresponding causal form, sees that which Platon called the "idea of beauty".

⁵All triads, forms of nature, the entire involution and evolution, exist all the time in worlds 29–35, that origin of causality whence and whither all chains of causality ultimately extend. Those worlds can be called the experimental workshops of the forms. Every atom passes through the different "stages of nature" in many different processes in the cosmos before it reaches its definitive "form" in a solar system. All life is an "infinite" repetition going on until perfection is achieved through the expansion of atomic consciousness. Only primordial atoms are, if they so wish, immortal. Everything lower dissolves according as the final evolvation attains ever higher through the process of manifestation.

18 Rhythm, Periodicity

¹The cosmic energies are uninterruptedly active. In the solar systems, however, their activity is increased and decreased in accordance with a periodicity inevitable for the pertaining material processes, the so-called law of periodicity, the rhythm of which varies in every world, every kind of matter, every kind of material envelopes.

²This law of periodicity is what makes everything within the solar systems and in the relations of the solar systems to each other proceed in regularly recurring periods, or cycles, that can be determined mathematically.

³The balance of life, the balance in the composition of matter and in material energy, requires a constant change of the various life-sustaining energies.

⁴For example, the so-called vital force of the organism depends on five different kinds of energies replacing one another at twenty-four-minute intervals, thus recurring periodically at intervals of two hours.

⁵The most comprehensive of these cycles are the solar systemic cycles, or eons, periods of activity alternating with periods of passivity in lower worlds. One eon comprises 4320 million years. Within the solar systems the planets – more correctly: the collective beings of involutionary monads and evolutionary monads attached to the planets – pass through seven eons of activity in each seven-globe. We are now experiencing the fourth eon of activity of our seven-globe. In the course of an eon of activity, the involutionary monads and evolutionary monads sojourn in each of the seven globes of the seven-globe in succession.

Since our globe, Terra, is the fourth in the seven-globe, we are in the middle of the fourth eon; to be precise, the middle point was reached about 22 million years ago.

⁶Cyclical activity dominates all processes. When the history of mankind's development is published one day, the public will learn about the true historic epochs. A surprise awaits them: astronomers will be able to use celestial mechanics to calculate exactly the determinable dates of past events.

⁷All energy phenomena, energy expressions, in the cosmos, in solar systems, planets, and even in the envelopes of man, are intermittent phenomena, everything according to the rhythm of life, the law of periodicity.

⁸The law of periodicity is of the greatest importance and has been little heeded as yet by exoterists. Just as the etheric envelope is vitalized periodically by various energy currents, the corresponding is true of the other envelopes and energies. An unsurveyable multitude of factors make themselves felt – zodiacal vibrations, planetary vibrations, world vibrations, department vibrations, atomic and molecular vibrations, envelope vibrations, etc. – in almost all respects. The individual ignorant of esoterics understands nothing of this, makes constant mistakes, and misjudges countless situations and states because of this ignorance. Those who have got a clear idea of what the law of periodicity means find it easier to endure those states of "dryness", listlessness, powerlessness, dreariness, melancholy, etc., which everybody may cyclically experience, after they have seen what this can be due to. The esoterician's understanding of these expressions of the law of periodicity teaches him by experience to control the states originating from them, so that he becomes independent of the periods of ebb and flow pervading his envelopes. Before he has received knowledge of the periodicity of the energies and can always understand what the states of his envelopes depend on, it proves very helpful to him to realize that he is not his envelopes and that he must learn to become independent of them. The ignorant person all too easily falls a victim to these states and does not know how to "keep his mental balance". The esoterician, who knows that "energy follows thought", thinks the thoughts that make him sovereign in relation to his envelopes.

19 Envelope Energies

¹Esoterics teaches that the gross physical organism "is not a principle", which means that it and everything in it is incapable of self-activity, that it is a result of energies of higher worlds and envelopes, including the physical etheric envelope, that it has become automatized.

²The fact that the physical etheric envelope and not the organism is the physical envelope proper shows in all three aspects of reality. The motion aspect: The etheric envelope is the seat and mediator of the various functional energies which are the condition of the life of the organism, those energies to which the ancients gave the common name of "vital force". Without the etheric envelope and its energies the organism would be without life, would be just a piece of dead flesh. The consciousness aspect: The fact that we can have physical consciousness at all, possess sense perceptions in the organism, is due to the centres of the etheric envelope and the etheric envelopes of nerve cells. The organism lacks sense perceptions; the organic brain lacks the ability of thought. The matter aspect: The etheric envelope exists in time before the organism, which is constructed on the network of the etheric envelope and with its energies.

³The esoterician must learn how to discover those material energies which are able to act through the centres of the different envelopes and learn how to use them in the right way. In so doing, the disciple of the planetary hierarchy receives all the necessary directions but it is up to him to "do everything himself". For him, "life" subsequently equals energy and expenditure of energy.

⁴It is important to realize that all envelopes at every moment are penetrated by all kinds of atomic and molecular energies. Only those can become conscious which concern the

molecular kinds activated by the self (at the stage of civilization, 48:4-7 and 47:6,7). Those different kinds of matter, energy, and consciousness can easily cause chaos in the waking consciousness, until the self has learnt how to observe them, identify them, and control them.

⁵In times of national mass psychoses, the whole nation can be submerged in waves of emotional vibrations and elementals. For the individual it then becomes ever more difficult to see clearly.

⁶When the vibrations of the self eventually become stronger than the vibrations coming from without (largely directed by mass thinking), the self is able to learn how to control them. At the stage of ignorance (the stage of illusions and fictions) the results are not very successful. But when the self has acquired the requisite knowledge and experience, this finally produces the self-determined, harmonious man invested with common sense.

⁷The energies issuing from the departments of the planetary hierarchy pour down through the worlds of man. The effect of these energies in the individual depends on which departments his envelopes belong to and how active the envelope centres (indicating the level of development) can be. The effect is individually different.

⁸Patterns of behaviour differ among people as a result of the activity of the different departmental energies in the different envelopes on the different levels. A causal self must be able to perceive these differences if he is to acquire the qualifications of a teacher.

⁹We assimilate food that is converted into physical energy. We attract ideas that supply the envelopes with emotional or mental energy and enable the activity of these envelopes. What the "brain" – more correctly: the physical etheric centres of the brain – apprehends of these "ideas", however, is the result of physical etheric energy. A great portion of the activity of the mental envelope is part of our superconsciousness, and the pertaining mental molecules never reach down to the physical where they can be apprehended, since all higher matters and consciousnesses penetrate all lower ones.

¹⁰When the individual reaches a higher level, in so doing increases his understanding and changes his behaviour, this means that the etheric envelope assimilates other kinds of energies.

¹¹When the causal energies begin to penetrate into the personality (47:4–49:7), they often counteract the work of the personality, which fact beginners often find difficult to understand.

¹²Every human being has his own individually characteristic vibrations. These have a raising effect on a lower environment and a lowering effect on a higher one. They certainly have an effect. It is a good reaping to be able to consort with higher beings. Regrettably this all too often means that opportunities are missed. Those who voluntarily choose lower beings are more easily dragged down. A spiteful environment harms everybody.

¹³There are different kinds of magnetism, either attractive or repulsive. The right frame of mind for the reception of attractive emotional magnetism is the feeling of happiness and, as for attractive mental magnetism, joy.

20 The Knowledge of Motion Must Be Kept Secret

¹The esoteric knowledge, as far as it concerns the matter aspect and the consciousness aspect, is no secret knowledge that should be kept away from people, if they were capable of conceiving it right. It is quite another matter with the facts of the motion aspect. Therefore, in publicized esoterics only two of the three aspects of reality are treated: the matter aspect and the consciousness aspect. That part of the esoteric doctrine which treats of the channelling of dynamis through active consciousness remains esoteric. Dynamis is and will remain an unsolved "mystery", which fact cannot possibly be too strongly emphasized. The unspeakable suffering, the hell on earth, that men cause each other and all other living beings, is great enough as it is. The knowledge that confers real power – the criterion of real knowledge – must as far as possible be reserved for those who cannot possibly abuse power. Such as men are constituted, power unfailingly entails its own abuse, and becomes the enemy of freedom and life, at

best only because of ignorance. Those who seek to acquire the knowledge of the will ("magic") through obstinacy, must take the inevitable catastrophic consequences, and yet fail.

21 Fictions about the Motion Aspect

¹The energy theory of physics is erroneous. Principally thermodynamics suggested the immediate, fascinating, and erroneous idea of the indestructibility of energy. There is no energy without matter, independent of matter, or acting through anything but matter. Energy is energy only as long as it is motion. When motion ceases, energy as force is annihilated. Energy cannot be converted. No "form" of energy can be turned into another "form". The apparent conversions thought to be observed are not processes of conversion but of parallelism. The latter is a reality of which scientific physics does not yet have a concept.

²What science calls force, or energy, is matter. Energy is matter, the action of higher matter on lower matter. All higher kinds of matter are energy in relation to lower kinds. Any kind of matter relates to its next lower kind as energy to matter. Matter dissolves, not into energy but into higher kinds of matter.

³The saying, occurring all too frequently, that we can "control" the forces of nature, should be scotched at once. We can use a few of them. But not even god can "control" one single force. The forces of nature, dynamis acting in matter, can be utilized through a knowledge of the laws of nature. People have apparently been seized with some imaginative delirium on account of the most recent discoveries of physical science.

⁴In the absolute sense, energy is the dynamic energy (dynamis) of primordial matter. There is no other kind of "pure energy". And that kind acts only in and through matter. Energy free from matter does not exist. The ideas that "matter dissolves into energy" or that "energy is condensed into matter" are utterly false.

⁵Dynamis acts in every primordial atom. Its only possibility of acting is in and through primordial atoms (monads), which are able to influence other primordial atoms. All kinds of energies thus originate from monads. Probably, this primeval fact is at the bottom of the universal idea of god as a person. In their ignorance of the three aspects of existence, of the consciousness aspect as the one single cosmic total consciousness, of collective beings as the only possible form of existence in the cosmic worlds, of the Law as the common movement pattern of everything in the cosmos lest the cosmos will degenerate into chaos, in their ignorance of all this they made god a personal magnitude and then an arbitrary power as well. The interstellar (cosmic 36–42) energies from collective beings in those worlds are directed to and assimilated by the representatives of various kinds of collective beings in the solar systemic government from where they are conveyed to the planetary governments. All the kinds of cosmic energies that are to be assimilated and used within the solar system thus pass through collectives of monads (primordial atoms), divided into seven departments (cosmic, solar systemic, planetary) like the cosmic energies.

⁶In the esoteric literature there is often mention of these collective beings as individual beings. What is meant by this is the highest developed monad in a collective being as an exponent of this collective. You must clearly grasp that individual monads cannot possibly handle cosmic energies, but these must be shared among the monads of collective beings that have perfectly learnt to control their coordinated functions.

⁷A problem for the uninitiated: How could these facts be comprehended by a mankind that lacked the most elementary ideas about reality and also was unable to take in these ideas? Esoteric teachers are immensely handicapped, since they must adapt to the comprehension of their pupils. How could the pupils understand such things as are beyond all human experience? The teachers are compelled to adapt their mode of presentation to the ruling fiction systems, which are sanctified by tradition and which as time goes on become more or less ineradicable dogmatic systems, insurmountable obstacles to the emotionalist who must

have mentalized emotional molecules to comprehend and cannot think mentally, cannot assimilate mental molecules in his brain cells.

22 The Motion Aspect is the Most Important One

¹To the members of the planetary hierarchy, who possess the knowledge of reality and life, the motion aspect, the force aspect, the will aspect appears to be the most important of the three aspects in a life sense, for it is the condition of processes of manifestations of all kinds. Without motion there would be no life, no change, no evolution. Force, will, energy is what brings us forward and upwards. It is life; it is what lives. Everything else becomes stagnant. Force, will, energy makes knowledge ability to an increasing extent.

²By each higher atomic world, which the monad reaches in its expansion, the motion aspect becomes increasingly dominant. Even in world 44, "everything" appears to be energy, consciousness just the directing agent, matter the carrier of consciousness and, as for the rest, the material to be formed according to the laws ruling in each world.

³By each higher kingdom the will to unity, the collective will is ever more powerful, ever more penetrating. According to the law of freedom, it may not be forced upon anyone, cannot be allowed to have a disturbing effect on the individual's self-acquired ability of freedom or power. It is there, however, can be perceived ever more distinctly, even if it cannot be identified, be clearly apprehended until at the causal stage, when a contact with the world of Platonic ideas is achieved.

⁴The motion aspect is thus the power aspect. The power is the outcome of the ever wider knowledge in ever higher worlds and, above all, of the ability to apply the Law (the sum total of all the laws of matter, consciousness, and motion in each world).

⁵The secret of the will is revealed when the monad becomes conscious of its godhood, enters unity, enters the common, lawful will of life.

⁶Without energy man could not think, for thinking is a process, a manifestation of energy.

⁷The basic erroneous view of philosophy and even of occultism hitherto (you hesitate to use the word "esoterics") is the overemphasis of the consciousness aspect. Knowledge is not essential. It is certainly the necessary groundwork. The will aspect is essential, the ability, based on knowledge, to expediently use the energies of consciousness expressions, for this is realization.

23 The Revolutionizing Knowledge of Motion

¹All life is change in all respects, in all the three aspects in all the envelopes. This is the fact that has given rise to many esoteric sayings: everything is motion; everything consists of vibrations; everything is energy, etc. Mankind has no idea of this, and even to science this fact is little more than a vague theory. If man could follow this course of events and adapt to it in every moment, his problem of life would be solved. Instead he tries by all means to counteract change, as perversely as possible, as usual. The discovery of rhythm in whatever happens is of course a step in the right direction, but it is a long way to go from there to the rhythm in all phenomena of life.

²Among the many fundamental reality ideas there are in hylozoics two in particular would revolutionize everything in human life if they were rightly understood. The one is the insight that dynamis is omnipotence, and the other is that consciousness always utilizes dynamis and does so to an increasing extent by each higher world until in the highest world it can build a cosmos.

24 Ignorance of the Motion Aspect

¹Our envelopes can to a certain extent be compared with electric machines that convert energy received into work. Whence this universal energy comes, how it comes, and the expedient manners in which to use it right, is a series of unsolved problems, and most of them

will remain unsolved until mankind has reached the stage of ideality and cannot possible abuse the power afforded by such knowledge.

²The so-called atomic scientists try to explore how to utilize the latent energy found in molecules by dissolving lower molecular kinds so that they change into higher kinds. But they cannot comprehend how these lower molecules are formed, until some time in the future they humble themselves to study esoterics. It seems impossible for them to acknowledge that their dogmas are fictions. New generations are needed who gradually see that the old scientific hypotheses are fictitious. In that way new hypotheses are constructed which become new dogmas. Despite their recurring setbacks over the centuries, they keep to their hypothesis method. There would be no reason for saying anything about it, unless they "had faith" in their hypothesis method and were constantly making new dogmas out of their assumptions.

³According to esoteric astrology, all kinds of energies (the energies of medicines, for instance) can be classified according to their zodiacal sign, planets, departments, depending on analogous vibrations. When, some time in the future, the knowledge of the pertaining laws will be permitted for publication, everything we undertake, manufacture, etc., will be started in favourable circumstances. It depends on mankind and the understanding of the leading authorities when such knowledge will be given out. As long as everything unknown is met with the supercilious contempt of ignorance, mankind will be without knowledge. The talk of collective responsibility is no empty talk.

⁴The esoteric saying about the "rhythm of existence" has been picked up by the uninitiated. (You may very well use the expression "uninitiated" about those who lack the knowledge of hylozoics, even if it does not refer to the initiation into an order.) Of course, conceited faith in individual judgement was at once ready to explain and imagination to make something out of it. They arrange systems in which they allege they establish the physical, emotional, and mental rhythms of individuals. The reliability of such calculations is not greater than that of ordinary horoscopes cast by exoteric astrologers. When the esoteric knowledge becomes more widespread, the faith in all exoteric calculations will steadily weaken. You have reason to be on your guard against others, too, who give themselves out as "initiates". The black lodge is working efficiently, and its agents are, strange as it may sound, more efficient. "The children of the world are wiser than the children of light."

⁵Apparently there are many people who find it amusing to "play with thoughts" and imagine things. They could try to solve the riddle how it is that science has not yet managed to solve the problem of energy, whereas energy is the most readily available of all available things. What would be the fate of mankind, if everyone could avail himself of energy without limit, if every bandit and idiot could blast the planet to smithereens? It is obviously so well arranged that we can understand the old woman who said, "It's nice to know that it is as it is, for how would it else be?" She realized that it could be worse but not very likely better. When man is to rule, then we know what will happen. The historical epochs end in total disasters. The knowledge is not intended for mankind at its present stage of development.

25 Everything Transforms

¹Everything changes on account of the never-ending – thus law-determined – action by energies from all directions.

²All material forms are shaped, change, dissolve, and are reshaped. The rebirth of everything is an inevitable phenomenon, since no material forms can in the long run endure the wear and tear of cosmic material energies. Everything is subject to the law of transformation, since everything is in motion and it is motion that makes possible the composition of matter and the continuance of aggregates. Nothing can or may stand still. If motion ceased for the fraction of a second, the cosmos would degenerate into chaos.

³The fact that the whole of existence is a gigantic process of development implies, from the

cosmic point of view, a continuous modification of the motion aspect, the adaptation of the cosmic energies to the law of development with constantly new factors. In solar systemic and planetary respect, this concerns only the lowest seven atomic worlds (43–49), the worlds of the three triads. Transformation is the most noticeable in the matter aspect of the first triad, in the consciousness aspect of the second triad, and in the motion aspect of the third triad. In the cosmos the three aspects make up a higher synthesis with the will aspect as omnipotence, the collective beings of the cosmic kingdoms join in cooperation that goes without friction and complies with the Law.

26 Our Total Dependence on Higher Reality

¹The forces that individuals have at their disposal are not their own but all forces derive their origin from the highest world. The energies that the individual has at his disposal are the ones that he knows how to utilize (as long as it lasts).

²What shapes, maintains, develops our solar system is an inconceivably great current of material energies from the cosmic worlds, a current which in every moment pervades all the different atomic kinds and thereby indirectly also the molecular kinds. We are totally dependent on these cosmic energies. Those who are able to think at all, and not only parrot what others have thought, should give this fact due attention and think the matter through – that is what is esoterically meant by "meditation". Then they would be able to solve many problems, which otherwise lack a requisite basis and remain articles of faith.

³The effect of dynamis in every primordial atom is directly proportional to the capacity for consciousness as well as to the coefficient of involvation, two factors that are dependent on each other. The effect of dynamis in some atomic kind is sufficient to dominate lower kinds of matter but not the matter of the atomic kind concerned, and so energy must always be drawn from the next higher atomic kind. This means that the monad must receive help from a higher world to develop its consciousness. Therefore, the cosmic motion aspect is largely a work of the highest cosmic kingdom, since the monads' own power is not sufficient for consciousness expansion.

27 Thoughts are Energies

¹All consciousness expressions are at the same time energy expressions that have inevitable effects according to the law of cause and effect. How do people use this energy?

²The fact that the daydreams of imagination do not lead to action is the best proof that they are bereft of energy. People deceive themselves with their beautiful theories. Such consciousness expressions as do not trigger energy lack seriousness, application of will, intensity and so are largely useless. Intellectualism, overemphasizing learning as the one essential thing, is one more example of true ignorance of life. Development is a result of energy. Life is energy and where energy is lacking there is no life worthy of its name.

³Thoughts are things. Above all, thoughts are energies. People have not the slightest idea of these two facts.

⁴Involutionary atoms are no lifeless things but have passive consciousness. This passive consciousness is influenced by the active consciousness of all evolutionary beings. The energies that mankind handles come under this category.

⁵If the atoms in the microorganisms being carried about in the air are activated by human repulsive vibrations of hate they can find expression in the manner called "epidemics", and that in a great number of varieties. New kinds of disease will always arise as long as the consciousness expressions of mankind are repulsive, and the energies always accompanying the consciousness expressions must have an outlet in some manner. This is a factor that research must pay especial attention to. It will revolutionize traditional ways of looking at things. One more proof that the esoteric knowledge agrees with reality.

⁶The esoterician knows that he handles energies and that these must produce effects. Therefore he should also be alive to the fact (and this is important) that when he purposefully directs his energies to the service of life, he sets in motion a current of energy acting in the same direction and influencing circumstances. Life will then prove to come up to his assurance and he will be freed from fear and worry about the future.

28 Knowledge is Use of Energy

¹Those who have esoteric knowledge know that they always work with energies, since every consciousness expression is at the same time material energy. Every thought and feeling has its effect. The realization of this fact makes it easier to understand that the law of cause and effect makes itself felt also in relation to consciousness. If you add to this the facts that mental matter is the highest kind of matter that the average individual works upon, and that each higher kind of matter has a greater energy effect, then you realize that thought is the foremost reaping factor. This also explains the gnostic expression, "man is what he thinks", will in future incarnations become what he thinks in this one.

²To have self-acquired knowledge (the only kind of knowledge that cannot be lost) it is necessary to have attraction to the thing you want to know. In esoterics, this has been symbolically expressed in the saying, "love is the path to god" (esoterically: the law of attraction). It is the energy that activates the "contact mechanism" and enables consciousness to identify itself with the consciousness content of the thing demanded. It is not sufficient to study the outer form (the matter aspect), but it is necessary to contact that life which strives to find expression in the form. The first lesson to be learnt by the esoteric researcher is "never to judge by appearances", for that is bound to be deceptive. It is also said to be the most difficult lesson to learn. The second lesson bears on the fact that deficiencies in his own "contact mechanism" yield wrong results.

³Knowledge consists of mental molecules charged with energy. The higher the kind of matter, the greater the energy effect. That is a thing to be pondered on by those who want to enjoy their acquisition of knowledge in pleasant tranquillity. This egocentric individualism is the cause of the multitude of the neuroses of our times.

⁴At first, a thing is apprehended as an idea, then in its concrete formation, thereupon in its relations to the requisite energy and the laws of motion. Finally the material energies can be directed so that the effect will be as intended.

29 The Knowledge Must Be Put into Action

¹To develop does not only mean to acquire ever higher kinds of consciousness with the material energies that go with them, but also to utilize that consciousness and energy expediently. To live means to handle forces. Ideas are forces; and if they are not used by the self, they are used by the envelopes according to their inherent tendencies, and that is seldom to the advantage of the monad.

²The corresponding is true of knowledge: the ability to assimilate the knowledge is a special capacity; another as important faculty is to utilize the knowledge, to apply it in a purposive, expedient, and efficient manner. All knowledge is abused. And this for several reasons, not merely the inability to correctly apply facts or individual selfishness, but also because ideas are simultaneously energies, which man does not suspect exist and cannot use right.

³Knowledge is energy, and if the energy is not used rightly, mistakes are unavoidable. Life is an experiment that gives experience. We can spare ourselves much unnecessary experience by applying the knowledge of the laws of life that exists. In so doing we can save ourselves many incarnations. The unlimited number of incarnations was what the initiates meant by "punishment in eternal hell", misinterpreted as all the other esoteric symbolism.

⁴Ignorant man handles forces the modes of action and effects of which he does not suspect. For example, the energies pouring into the etheric envelope reach the organism as well. If they are not put into expedient activity, there is a risk of overstimulation. The possibility of storing them in energy supply depots is limited. And there is always a risk that they may discharge unexpectedly. The result is partly disease in the organism, partly vitalization of the envelope centres below the diaphragm, since these very centres are the active ones. Centres above the diaphragm are the only ones to make common sense and life in accord with the laws of life possible, and those centres are influenced extremely seldom. Thus it is not strange that mankind is still at or near the stage of barbarism. It lacks the knowledge of reality, which essentially is the knowledge of energies. Thought is the greatest source of energy and is able, if used expediently, to achieve what ignorance still calls a "miracle".

⁵Often man's desire to understand the meaning of life and obtain clarity on how to lead a rational life causes him to take an interest in the esoteric knowledge. He acquires a theoretical learning that affords him clarity. He has received the answers to questions on which he has pondered and then he is fully content to cultivate the first self's egoistic interests. But if he thought a wee bit further, cared about his future incarnations, he would be wise in taking life more seriously. For anyone who wills for development needs to be awakened, and that can mean a rather unpleasant re-education. Anyone who thinks that physical life is something worth striving for obviously has not had his eyes opened to what life really is. Else he could have learnt that by looking around in the world and ask himself, when seeing how most people live, whether he would like to be in their place. For it is quite possible for him to experience what he would give everything to be spared. There is no other hell than physical life. But anyone who has experienced that side of life certainly agrees with that 45-self who called the physical world "a real cold hell". Others say, "a hot hell".

30 Self-Realization

¹Esoterics does not only want to afford us knowledge of reality but also to show us how we shall be able to develop consciousness, precisely what is the meaning of existence.

²Esoterics is not only a science. It is also an art of living. It shows us how we should live in order to develop our consciousness. This knowledge becomes, if it is not put into living life, not only dead knowledge but also a hindrance to development. It may be news to the "uninitiated" that knowledge entails the responsibility for right use of this knowledge. They might understand it, however, if they are informed about the fact that ideas are energies that act destructively if they are not made to act constructively.

³According to the law of self-realization, the individual himself must seek, he himself must find, he himself must realize. The knowledge he receives is instructions and is to be grasped as an aid to self-help. Life is an experimentation with forces. Anyone who follows the instructions does not need to risk experimenting at random and with a destructive result. And the results attained confirm the correctness of the instructions.

⁴Those who with a one-pointed purposefulness want to be serious about self-realization may find this more or less difficult depending on their level of development and bad reaping. Those who are at the stage of humanity have already reached such high vibrations that the exertion is quite insignificant for them. On lower cultural levels, the exertion of keeping a high vibrational scale can entail a total lack of balance. Repulsive qualities can take over command at times and drag the self down from its vibrational height.

⁵The monad's self-activation of consciousness, its attainment of ever higher kingdoms, is connected with its ability to control the energies of its envelopes. It is the individual's business to acquire the pertaining abilities automatically by self-discipline. When this has succeeded to some percentage and he has understood his sharing in the collective and therefore the necessity of living for others, he receives the facts that enable him to discover

and apply the methodical procedures.

⁶"Everything is energy" does not in the least mean that existing energy is at the individual's disposal. The ascension through the worlds consists in solving problems of energy in an unbroken series.

31 Magic

¹Western philosophers have not yet seen that all consciousness expressions are simultaneously energy expressions. They have believed that thought is something subjective only or, at the most, a molecular movement in the brain without any other effect. Thought is a consciousness expression shaping forms in mental matter, producing mental elementals. When, some time in the future, mankind will have acquired knowledge of the energy resources of mental consciousness, then the "problem of energy" will be solved in the physical world.

²Magic is knowledge of the method of using mental material energy to influence physical etheric material energies to bring about changes also in the gross physical molecular kinds. That knowledge is entrusted only to those who cannot be seduced to abuse power. That knowledge will remain esoteric until all mankind has reached the stage of humanity and learnt to see that freedom is power and the condition of true power is understanding the responsibility connected with power. Our present mankind is not in a position to see this. It is too hopelessly ignorant and too egoistic to be entrusted with this terrible power. Inasmuch as all power is abused, at the best only on account of ignorance, mankind must be content to be ignorant of all forces of nature other than those it has succeeded in discovering by itself.

³There is nothing that mental matter cannot achieve in physical matter when mental matter is used as energy and is directed by objective mental consciousness according to the laws of mental matter.

⁴The higher the molecular kind, the stronger the pertaining energy. This is even more so as to the atomic kinds. The energy of the mental molecular kinds is more than a thousandfold mightier than that of the so-called atomic bomb. Thank goodness, people have no knowledge of those energy laws and the method of handling the energies. All the same, the collected mental energy of mankind can act as destructively as the forces of nature, and it does so without any human being even suspecting the origin of such destruction. The planetary hierarchy is content to point this out. It is up to mankind to make the necessary discoveries some time in the future, in the fifth eon of activity. At that time, however, 60 per cent of mankind will have reached at least the stage of humanity and the other 40 per cent will have been transferred to another globe.

32 Omniscience and Omnipotence

¹Omniscience and omnipotence are both absolute and relative. Absolute cosmic omniscience and omnipotence are possessed only by those monads who in their expansion (through worlds 46–1) have reached the highest cosmic world, world 1, since they have knowledge of the three aspects of reality and their expressions in all the 49 cosmic atomic worlds. They alone are able to discover, for example the primordial atoms in the physical atom. They alone have knowledge of all the laws of nature and laws of life in the whole cosmos and apply them perfectly. All such monads as have in their expansion certainly reached some one of the kingdoms expansion, but not yet world 1 of the highest divine kingdom, possess omniscience and omnipotence only in a relative sense.

²The kind of omniscience we ascribe to the 45-selves in the fifth natural kingdom, for example, concerns that relative omniscience which is possible for a consciousness that is able to discover the compositions of primordial atoms in the lowest three atomic worlds (47–49). The energies of each higher atomic kind dominate those of all the lower atomic kinds. This has the effect that a 45-self, for instance, can handle the compositions of physical matter in a

way that ignorance calls "magic". The higher the atomic kind whose energy is utilized in lower worlds, the more perfect is the product, since it is in better agreement with the final ideal product (the "absolute"), which could be produced by individuals in the highest cosmic world who could manipulate primordial atoms. Those in lower kingdoms must be content with the possibilities of the pertaining insight and the resources that are in the energies of the atomic kinds available.

33 Esoteric Sayings Concerning the Motion Aspect

¹Dynamis works everything in everything, and as a result of this everything is motion. Dynamis acts in every primordial atom, monad. Since the whole cosmos is composed of primordial atoms, it might be said that "everything is energy", of course in quite another sense than nuclear physicists believe, namely that "matter dissolves into energy".

²"Everything moves" or "everything is energy" or "everything consists of vibrations" or "higher matter is energy to lower matter" all express the same idea. "Everything consists of atoms" means that everything also is energy. It means that everything is effects of causes. Just as it is said that man is an aggregate of atoms, so it can be said that he is an aggregate of energies and that true understanding is gained only when you have seen this. The life of mankind in political, social, economic, cultural, etc. respect is an interplay of energies. To perceive these and to derive the effects from the right causes affords the true understanding of events. Life does not consist of circumstances but of the activity of energies.

³"Energy (vibrations) follows thought." Right thought in agreement with reality is an essential factor for further development. Illusions and fictions have in the long run a disorganizing effect on all our envelopes with their three aspects, thus in respect of matter, activity, and consciousness.

34 Concluding Contemplation on Will

¹What is revolutionary in the hylozoic teaching is the emphasis on the motion aspect, energy aspect, will aspect. Energy builds the cosmos, keeps the aggregates (all the material forms in the cosmos, including the various kinds of atoms) together, makes development possible. This concerning the relation of the motion aspect to the consciousness aspect. For energy is the source of revelation. The right use of energy solves all problems. Right use is in agreement with the Law and can never come into conflict with the cosmic energies. Right use shows the way and clears the way. Important is the insight that every consciousness expression is at the same time an energy expression which must have its effect. Man produces energy by his consciousness expressions in all his envelopes. Of this he is unaware, and he does not know that if these energies are not given expedient outlets, then they become irrational or harmful. From this arises all disease; true health makes the organism immune to attacks.

²Unlawful will, will used in defiance of the laws of life, occurs only in the matters, worlds, and envelopes of the first self. From the causal world up it is a fact that consciousness develops together with will and must do so. This implies understanding of laws of life as well as ability and will to apply them.

³In higher kingdoms, in superhuman kingdoms, that truth applies more and more: you will what you can and you can what you will, and so it is because in those kingdoms both will and ability are in accord with the law. Moreover, in higher kingdoms the individual is never alone either in will or ability, but is always a member of a collective having a common consciousness and a common will. It is in addition true, except of course in the highest kingdom, that the advice and instructions of collective beings in still higher kingdoms can always be received to the extent that the lower collective being needs them to fulfil its functions.

⁴The first self, average man, mechanically opposes the law of destiny, revolts against destiny. The potential second self (the disciple, the member of the new group of world servers) learns

how to submit himself to his destiny, to cooperate with Augoeides. The actual second self (the 46-self) has become one with his destiny, has united his individual will with the will of collective destiny – the fulfilment of the laws of life in his case. The 46-self, and to a still higher degree the 45-self, controls his destiny, is no slave to destiny, is no slave to impulses, can control the impression he makes on others, sees into the future and chooses at each moment intentionally and consciously that option of action which leads to the result desired. In so doing he increasingly becomes the lord of his future. Then he not only foresees the future but also fore-ordains it. The 46-self foresees the future; the 45-self fore-ordains the future.

⁵In connection with the teaching on these matters the aspirant is recommended to do a particular exercise. In every situation, where he is to act or express himself in the physical world, he should by previous active reflection control himself so as to produce the best possible action and expression; for example out of three possible options he has visualized choose the best one. As he exercises in this way he can to an increasing extent replace mechanical actions with intentional ones, and make intentional actions conscious too, just as he replaces actions that are without law, plan, and purpose actions with such as accord with law, plan, and purpose.

⁶As the disciple begins to contact second-self consciousness, at the early stages he is easily overwhelmed by the consciousness aspect of his experience of unity, superhuman love—wisdom, and is tempted to exclaim, "this is all I need". However, the initiate's wider and deeper experience of his own inability, deficient power and insufficient energy teaches him that the will remains to be conquered. Just as, at an earlier stage, he realized that there is a limit to what he is able to achieve using mere learning and knowledge, he now becomes aware that, with all his causal understanding and essential (46) consciousness of unity, he nevertheless is limited in ways he previously did not even suspect.

⁷It has been said that suffering exists only in the worlds of man. However, this has reference to the suffering of egoists only. There is certain suffering in higher worlds, too; strictly and properly speaking in all worlds except in the very highest, that is, suffering in the sense of limitation of possible experience of life. Always consciousness will look ahead, surmising prospects of attaining higher states of more qualitative being, deeper life community with increasingly more fellow beings, greater ability of serving and benefiting these beings, which affords the only true happiness, joy, bliss. But since consciousness always will perceive beyond the reach of ability, there is a gulf fixed between knowledge and ability, and in the knowledge of this, sometimes apparently impassable gulf there is suffering. "I will, I say that I will, but since I cannot do, this will is yet too weak."

⁸There is suffering for monads in lower worlds, the worlds of the first self, as long as the monads must incarnate and reap what they have sown. To make the consciousness evolution of these monads more efficient, in such a manner that they sow good instead of evil and reach higher kingdoms, is to shorten their path of suffering. However, the consciousness evolution of the monads is a process going on in immense collectives, and such ones in lower worlds are much controlled by a law similar to the law of inertia in physics. It is in order to overcome this inertia as far as it is feasible, to reduce the losses of force incurred in the downscaling of the energies sent by the collective beings of higher kingdoms down into lower kingdoms as necessary impelling forces for the latter's evolution that the septenary series of the matter aspect in lower atomic worlds are built in best analogy possible with those of higher worlds and ultimately with the highest septenary series (1–7). Also this work at shortening suffering by making energy circulation more efficient is an uninterrupted work of love, a never-ending act of compassion we receive from the "living buddhas", our elder brothers in higher kingdoms.

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